

*From the*  
**PBA Mailbag**

President John Rivera  
Florida Police Benevolent Association, Inc.  
300 E. Brevard St.  
Tallahassee, FL 32301-1218

June 27, 2007

Dear President Rivera,

Due to a prior family obligation, I will unfortunately be unable to be with you and the PBA family this weekend. However, I wanted you to know how truly honored I am to be recognized by your outstanding organization.

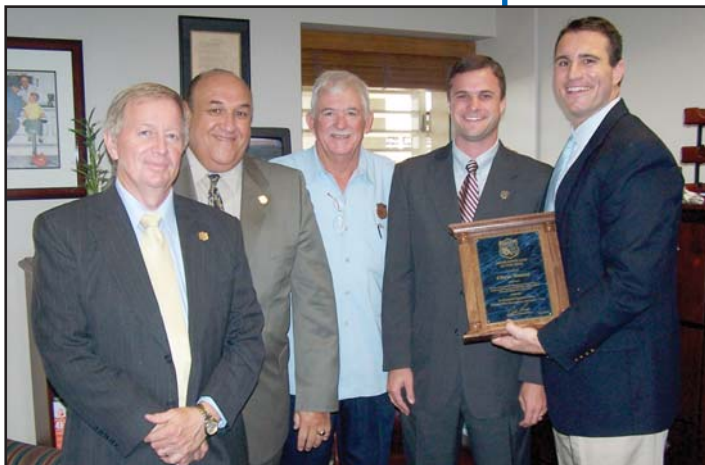
Over the last three years I have had the pleasure of watching the PBA first hand in the Capitol, and as a law enforcement officer it has given me a greater appreciation for the protections provided. The hours your team spends walking the hallways, sitting through committee meetings, and reading each bill in detail is evidence that you truly protect those who protect society. As a member of the legislative staff, I can attest that your reputation of being honest and hard working is unparalleled. I know that when I speak to a member of the PBA, there is a level of sincerity and loyalty that is truly unheard of in the legislative process.

I want to thank you again for this honor and more importantly for your friendship.

Sincerely,



Christopher M. Nocco



*Deputy Chief of Staff to House Speaker Marco Rubio, Chris Nocco (right) receives the Florida PBA's Legislative Aide of the Year Award for all of his hard work on behalf of law enforcement officers and their families during the 2007 Regular Session. PBA officials from left to right: Executive Director David Murrell, President John Rivera, Senior Vice-President Dick Brickman and Deputy Executive Director Matt Puckett.*



*John Rivera presents the award to Chris Nocco.*

**For those who watch what they eat...**

Here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting medical studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than the British or Americans.
2. The Mexicans eat a lot of fat and also suffer fewer heart attacks than the British or Americans.
3. The Japanese drink very little red wine and suffer fewer heart attacks than the British or Americans.
4. The Italians and French drink excessive amounts of red wine and also suffer fewer heart attacks than the British or Americans.
5. The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than the British or Americans.

**CONCLUSION:** Eat and drink whatever you like. Speaking English is apparently what kills you!

**Dade County PBA Wins Big!**

**Congratulations to the Dade County Police Benevolent Association's legal team, led by Dade County PBA General Counsel Andrew Axelrad, for winning the first ever 180 day case in the State of Florida.**

The case involving the demotion of a Metro Dade Sergeant was granted a Motion for Injunctive Relief as a direct result of the agency's violation of the 180 day limitation for all disciplinary investigations. The law (made possible by the Florida PBA's legislative efforts in 2005) requires that, with few exceptions, no disciplinary action shall be taken against an officer if the investigation exceeds 180 days.

**"This is an outright win... not a settlement," declared Florida PBA and Dade County PBA President John Rivera.**

This is a major victory for every officer in Florida, and we ask that you please pass the information along to your membership.

Excerpt from s. 112.532, F.S.

**6) LIMITATIONS PERIOD FOR DISCIPLINARY ACTIONS.**

- (a) Except as provided in this subsection, no disciplinary action, demotion, or dismissal shall be undertaken by an agency against a law enforcement officer or correctional officer for any act, omission, or other allegation of misconduct if the investigation of such allegation is not completed within 180 days after the date the agency receives notice of the allegation by a person authorized by the agency to initiate an investigation of the misconduct.